

## ORGANIZATIONAL STRUCTURE, REPRESENTATION, SUGGESTIONS FOR DEVELOPMENT OF SCHOOL SPOTS IN MACEDONIA

UDC:796.034,2(497.7)

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### **Abstract**

*The basic preconditions to successful functioning of sports at school are the skilled teaching staff, sport facilities in schools, the students' interest in sport and management of the extracurricular activities. Macedonian School Sport Federation includes activities at different levels that contribute to the development of sport in the Republic of Macedonia. Involvement of students in sports activities implies that it is necessary to make even greater efforts for greater participation in sports activities.*

**Key words:** *School Sport, development, teachers, school sports clubs*

### **ORGANIZATIONAL STRUCTURE**

If we take into consideration the importance of sports at schools in the development of sports in general, its contribution to the anthropological development of youth and its positive role in the struggle against vices, it is crucial to give more care to the prospects for sports at school in Macedonia. The basic preconditions to successful functioning of sports at school are the skilled teaching staff, sport facilities in schools, the students' interest in sport and, of course, management of the extracurricular activities. The organization of sports at school starts with the skilled active bodies consisted of the P.E. teachers in primary schools, i.e. the teachers in sports and sports activities in high schools, which basically are sports associations. Then, the school sports associations (clubs) in order to enter the competition system outside their school join the municipal organizations for school sports, which are members of the Federation for school sports in Macedonia.

This type of organization enables **the classical competition system** starting from the school, to the municipal, regional and ending with the state competitions, and the State sports games, which are held in primary and secondary schools. At the

end of the vertical organization participation is allowed on world competitions, and every four years on world school competitions. This classical competition system requires quality where the most talented students leave their mark, a great number of them join the club sports.

For greater engagement of the students in the sports activities within the framework of the school and the municipality, the Federation for school sports in Macedonia took the initiative to enlarge the current organizational model in accordance with the process of decentralization, which is favorable for improving and expanding municipal school sports (1). Namely, besides the quality school sports, which traditionally functions successfully for approximately half a century, opens the prospects for mass school sports organized by school sports clubs (associations) and the municipal organizations for school sports.

**Mass school sports** has good prospects to develop in two segments. The first one is opening schools for sports, and the second one is the fun school sport. **The school for sports** which are intended for students who are interested in specific sport discipline and requires participation in the school and municipal competition system in five

*Summarized review of the representation of activities in school sports*

	School year		
	2008/09	2009/10	2010/11
1. Participation of primary and secondary school in Macedonia in school sports (out of approximately 428 schools, 84 municipalities)	Approx.55%	Approx. 60%	312 (72.9%)
2. Participation of primary schools			220 (66.9%)
A. Eastern region (out of total 98 schools, 32 municipalities)			86 (87.8%)
B. Western region			71 (48.3%)
C. Skopje region(out off 84 schools,17 municipalities)			63 (75%)
3. Participation of secondary schools (out of 99,84 municipalities)			92 (92.9%)
A. Eastern region(out of 33 schools,32 municipalities)			32 (97%)
B. Western region(out of 36 schools,35 municipalities)			29 (80.5%)
C. Skopje region(out of 30 schools,17 municipalities)			30 (100%)
4. Number of students from primary and secondary schools in Macedonia (out of 4000 boys and girls)	Approx. 7%	Approx.8%	40897 (10.22%)
5. Number of students in primary schools			28463
A. Eastern region			10727
B. Western region			13396
C. Skopje region			4340
6. Number of students from secondary schools			12434
A. Eastern region			4378
B. Western region			4567
C. Skopje region			3489
7. Traditionally done sports ( basketball, handball, futsal, volleyball, athletics, karate, table tennis, archery, judo, wrestling, chess)	Traditionally done sports	Traditionally done sports + tennis	Traditionally done sports + football

categories separately for both sexes. The first category is for students from third and fourth grade, the second one for students from fifth and sixth grade, the third one for seventh and eighth grade, the fourth for first and second year high school and the fifth category for third and fourth year high school. Schools for sports in schools supported by this competition system are the very foundations for quality school sports, where the best students in a given sport defend the colours of their school in the classical competition school on the highest level.

The prospect of the subsystem of schools for sports organized by school sports clubs is high, which is confirmed by the positive experience in most schools and municipalities where the principals and mayors support this concept. Taking into consideration all the preconditions for organizing schools for sports, without further difficulties it is possible to activate about two hundred experts and ten thousand students.

The second segment in the mass school sports,

called **fun school sport**, concerns students from first to fourth grade primary school. This fun concept is about activities with all students from the class where the game has a dominant place in the program where the basic sports techniques from various disciplines can be found. Taken into consideration the experience so far in this field, the current conditions with the staff potential in the schools, also the student's high interest in sports, the interests of the parents for their children to do sports and the high figure of unemployed P.E. teachers, it is realistic to expect a high prospect of engaging about two hundred experts and over fifteen thousand students in Macedonia.

The course of physical education for students from first to fourth grade is accomplished with three classes weekly. As a result of the difficulties in organizing this course it is good at one class in the week to engage a graduated expert in the field of P.E, and one at an extracurricular class according to the program of the school sports association, i.e. club. Taken into consideration the rich organi-

zational experience, the Federation of school sports in Macedonia believes that with the support from the Ministry of Education and Science together with the Agency for youth and sport, and especially now with the support from the municipalities, the application of this expanded organizational model clearly has increased the percent of students engaged in sports, which is a common interest of sport and education, and furthermore of the whole society.

### **SUGGESTIONS FOR DEVELOPMENT OF SCHOOL SPORTS**

- Continuing financing sports facilities and restoring the current by providing sports gear in primary and secondary schools.

- Providing finances for every primary and secondary school for rewarding the teachers, i.e. professors who participate in the school sports.

- Launching high school for sports in the bigger university centers - Skopje, Tetovo, Bitola, Shtip and others, where they will accept sports talents and they will provide access to training for high results.

- Engaging of thirty school sports coordinators in the bigger municipalities in Macedonia.

- To encourage fun school sport for students in primary schools within the framework of school sports clubs, i.e. municipal associations for school sports.

- To provide employment for P.E teachers in primary schools.

- Every primary and secondary school to have to participate with at least two sports in a municipal-city level in the competition system.

- Sports that have difficulty with self-finance (athletics, gymnastics, box, wrestling, kayak, table tennis, chess etc) to be supported by the central and local government via school sports activities.

- To continue the support for forming school sports clubs.

- To enrich the competition system with more adult categories coordinated with the International Sport Federation (ISF) and with more competitions in the league system on all levels (school, municipal, zonal, regional and national-state).

- Including physically challenged people into the system, and students mentally challenged from special schools.

- To regulate with a statute the priority of using school and other sports facilities by school sports via school sports clubs i.e. associations, which are members of the Federation of school sport in Macedonia.

- Continual training in school sports and issuing licenses.

- Creating informational system for monitoring physical development, motor and functional capabilities of the students.

- Employing coaches in schools.

### **LITERATURE**

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## ОРГАНИЗАЦИОНА СТРУКТУРА И ПРЕДЛОЗИ ЗА РАЗВОЈ НА УЧИЛИШНИОТ СПОРТ ВО МАКЕДОНИЈА

УДК:796.034,2(497.7)  
(Стручен труд)

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### **Апстракт**

Основните предуслови за успешно функционирање на училишната спорти се стручниот кадар, спортските објекти во училиштата, интересот на учениците за спортување и организирањето на воннаставните активности. Федерацијата на училишен спорт на Македонија вклучува активности на најразлични нивоа кои придонесуваат за развој на спортот во Република Македонија. Вклученоста на учениците во спортските активности укажува на тоа дека е потребно да се направат уште поголеми напори за нивна поголема застапеност во спортските активности.

**Клучни зборови:** Училишен спорт, развој, наставници, училишни спортски клубови.